

## Light Mature Woman Health Check Item Lists

### Ultrasound

Pelvic Cavity (Uterus, ovaries and bladder)

Breast

### Gynecological check-up

Papsmear

### Physical Examination

Blood Pressure (Systolic, Diastolic)

Pulse

Height

Weight

Body Mass Index

### Cancer Marker

Ovarian Cancer CA 125

Breast Cancer CA15.3

### Fertility hormon examination

Estradiol, E2